# The Children's Storefront

# THE CHALLENGE

The first 3 years of life are our best chance to build a strong foundation for children, but the people who could make the biggest impact -parents -- don't have access to the right tools.

#### Factor #1: Access

There are no programs like ours in Harlem. Others focus only on art, music, or single aspects of development, and their cost is out of reach in a neighborhood where 1/3 live in poverty.

#### Factor #2: Toxic Stress

Trauma and toxic stress -- both prevalent in our community -- negatively impact a caregiver's ability to nurture their child's development. If left unaddressed, there are lifelong negative outcomes in health and wellbeing.

#### Factor #3: Isolation

Supportive relationships are crucial for caregivers, yet our focus groups show that parents feel isolated, lack the information they seek, and don't have help during their transition to parenthood.

## **INTERMEDIATE OUTCOMES**

With program participation, we see an increase in skills, confidence, and connection.

#### Community

The community develops ownership of the program, and an understanding of the importance of brain development in the first 1,000 days becomes commonplace.

#### **Parents and Caregivers**

Parents build strong relationships, decreasing their stress and isolation and increasing a sense of community. Their confidence as a parent grows, strengthening their relationship with their child. They learn, apply, and adapt responsive interaction skills with their children.

#### Children

Children will develop secure relationships with their caregiver and peers. They will progress in their language, social-emotional, self-regulation, fine motor, and gross motor skills.

#### OUR TARGET COMMUNITY

Families in Harlem with Children from Birth to 3 Years

#### **OUR MISSION**

The Children's Storefront works with parents to promote the development of children's brains in the first 1,000 days of life, building a strong foundation for lifelong success.

#### **OUR SOLUTION**

- A welcoming, supportive, and culturally inclusive community of parents and caregivers
- Education and skill development around strategies to support brain development in early childhood
- Spaces and programming that are accessible financially, linguistically, logistically, and geographically

### **OUR STRATEGIES**

We provide parents with community-building, information, and skill-building via two dozen weekly Play & Learn Sessions and additional caregiver-focused programming. Utilizing Harvard University's Serve & Return framework, our coaches share, model, create opportunities to practice, and provide feedback to caregivers on the skills of responsive, play-based interaction. We bring families together to build community, and are developing a peer-to-peer mentorship program. We are free-of-cost, bilingual, feedback-rich, and culturally adaptive to ensure we stay accessible and relevant for our evolving community.

#### **LONG-TERM OUTCOMES**

- Families in Harlem have resources to support their children's development that are accessible, that are responsive to their needs, and that embrace their individuality and lived experiences.
- Caregivers feel supported in their physical, mental, and emotional well-being so that they can be the catalyst for their children's development.
- Caregivers will understand the importance of and more frequently engage in supportive and responsive interactions with their children.
- Through supportive interactions with their caregiver, children will make significant progress towards healthy brain development in the first 1,000 days of life.